



Keywords: Portable aid - Physical disability - Inclusion

Initial situation

A parent explains that their physically disabled child cannot sit independently. The usual aids for sitting are quite large and not practical for travelling.

The care treasure

The family has small, heavy cushions. With the cushions, the child can sit on the floor and play without any major aids. The cushions can also be easily taken to other places.



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Benefit

The family finds the weighted cushions particularly practical for enabling their child to play with other children when out and about. This provides variety and independence for the child and relief for the parents.

Additional information

The weighted cushions used by the family weigh 5 kg and cost around 50€ each. The family also tried out some homemade cushions made by a neighbour, but these tore.

As an alternative to the weighted cushions, the family sometimes uses lots of normal cushions for padding.